Girl Talk Meetup™

DISRUPTING NORMAL™

9TH ANNUAL

Women's Wellness & Leadership Conference

MINDSET. ACTION. TRANSFORMATION.

Saturday, November 21, 2026

Kean University • GLAB, 6th Floor • Union, NJ



OFFICIAL DIGITAL PROGRAM

DISRUPTING-NORMAL.COM

INSIDE THE EXPERIENCE



Come for the experience.
Stay for the community.

RESET

Center your energy.

BUILD

Strengthen your next move.

CONNECT

Learn in community.

ACT

Leave with intention.

THE AGENDA

Saturday, November 21, 2026
Kean University • 1040 Morris Ave. • GLAB, 6th Floor • Union, NJ

9:30 AM-5:00 PM

9:30–10:00	**Registration & Networking**
10:00–10:10	**Official Welcome — Erica Bell**
10:10–10:50	**THE WHOLE WOMAN — Opening Panel** A grounding conversation on where we are and where we're going—with Corinne N. Mason and Christina Harshaw, moderated by Zaira Gonzalez.
11:00–11:40	**BUILD — Panel Conversation** Explore career, business and leadership with Angelica Jean-Bart, Adrienne "Miss A" Acquaye and Nakiesha Blue, moderated by Andrea "Dre" Harvey.
11:40–11:50	**Connection Break**
11:50–12:20	**BEYOND THE ROOM Disrupting Normal Through Confidence, Presence and Connection - Nichole Fields** Show up with intention and build relationships that extend beyond the conference.
12:20–12:30	**Conference Group Photo**
12:30–1:30	**Lunch, Partner Remarks & DISRUPT THE ROOM** An opportunity for business owners and professionals to introduce themselves.
1:30–1:50	**Shopping & Partner Connections**
1:50–2:50	**INTERACTIVE BREAKOUT LABS** **BOOKED, BUSY & STILL GUESSING? The Business Reality Check - Jamilla Phillip** **ANCHORED THROUGH THE STORM: How to Lead, Rebuild, and Thrive when Life doesn't go according to Plan! - Jacquelyn S. Warren Gilbert, MAS**
2:50–3:00	**Return to Main Room**
3:00–3:40	**THE GIRL TALK — Closing Panel** An honest conversation with Tamekia Flowers-Ball and Diane Bellamy, moderated by Erica Bell, about moving forward beyond the room.
3:40–3:50	**Connection Break**
3:50–4:20	**ACT ON IT! Reclaiming Joy — Nancy Ynchaustegui** Turn the day into a decision and a plan you can carry home through guided reflection and action planning.
4:20–4:30	**Closing Remarks — Erica Bell**
4:30–5:00	**Final Connections, Shopping & Farewell**



WELCOME, SIS.

Erica Bell /Founder

For nine years, we have brought women together to connect, learn, grow, and create opportunities for ourselves and one another. This year, we're inviting you to challenge what you have grown comfortable accepting and take a step toward something different.

Today is your opportunity to reflect on what you need, learn practical strategies, share what you have to offer, and ask for the support that will help you move forward.

Use these pages to capture your ideas, make intentional connections, and choose the actions you will take beyond November 21. Your next step deserves a date and a plan.

Erica Bell

Founder, Girl Talk Meetup

"Nine years of intentional connection, growth, wellness, and leadership."

WELLNESS.
COACHING. COMMUNITY.

Five pillars. One connected community.

Girl Talk Meetup™ brings women together through wellness, coaching, community, experiences, and resources. We create opportunities to pause, reflect, connect, and move forward with intention.

01 **Wellness**

02 **Coaching**

03 **Community**

04 **Experiences**

05 **Resources**

You don't have to navigate it alone.
You were never meant to.

THE GIRL TRIBE
Our ongoing community.
Come for the experience. Stay for the community.
girl-tribe-network.mn.co

BETTER, TOGETHER

Thank you for helping bring this experience to life.

National Forum for Black Public Administrators
New Jersey Chapter

Dre's Beauty Supply

Women's Center for Entrepreneurship

I&I Etiquette and Professional Services

Sistahs Connect Radio

Noir Photography Studios

Beaufort Shaw & Associates

Bridgeforth Legacy Group

A decision. A plan. Action.

Founder, Girl Talk Meetup™ & The Girl Tribe



Erica Bell

Certified
Life, Career & Business Coach

Erica Bell brings women together through wellness, coaching, and community to reflect, build relationships, and take intentional steps toward what comes next. A Certified Life, Career, and Business Coach and Motivational Speaker, she helps people move from feeling stuck to creating a plan and putting it into action. Erica is the creator of the Ten-Step Career Success Plan™ and Work the Plan™. Her belief is simple: we own our own destiny, and transformation requires a decision, a plan, and action.

CONNECT
Scan or tap the code.

THE WHOLE WOMAN



Zaira Gonzalez

Moderator
The Whole Woman

Founder, Minding the Mess, LLC

Zaira is a social worker, educator, and community builder with more than 16 years of experience across nonprofit and education settings. A first-generation Dominican American and Columbia University graduate, she brings mental health and intentional living together through organizing, workshops, training, and community initiatives. Her work helps people navigate transitions, explore the emotional weight of their environments, and create space for calm and possibility. Zaira is committed to reducing mental health stigma, particularly in Black and Brown communities.



Corinne N. Mason

Panelist
The Whole Woman

Detective First Grade, Bergen County Prosecutor's Office

Corinne is a law enforcement leader with 19 years of service in public safety, accountability, and community trust. Her experience includes Internal Affairs command, hostage negotiation, and victim-centered investigations. She mentors officers and young people, champions mental health resilience, and serves on the executive board of New Jersey NOBLE. An Alpha Kappa Alpha member, she is committed to sisterhood and service.

THE WHOLE WOMAN



Christina Harshaw

Panelist
The Whole Woman

Founder, The Joyful Mama Chronicles

Christina Harshaw is a mother, community builder, and founder of The Joyful Mama Chronicles with 13 years of corporate experience. What began as her own postpartum practice has grown into a storytelling-led community helping mothers reconnect with themselves through gratitude, presence, and honest reflection. Christina brings a perspective on making room for yourself while raising a family, pursuing your purpose, and building community.

BUILD



Andrea "Dre" Harvey

Moderator
BUILD

Founder & CEO, Dre's Beauty Supply

Dre founded Dre's Beauty Supply to give Black women personalized guidance, thoughtfully curated products, and a supportive community. A University of Richmond graduate, she brings experience across teaching, nonprofit work, real estate, and government project management. Originally from Trinidad and Tobago, she is working toward a Newark flagship store while building a beauty experience that celebrates and uplifts Black women.

BUILD



Angelica Jean-Bart

Panelist
BUILD

Founder & CEO, Alma Libre

Angie is a speaker, entrepreneur, leadership coach, and fitness professional who helps women move from surviving to thriving. Drawing on financial services, wellness, and personal development, she encourages women to challenge limiting beliefs and act with purpose, faith, and resilience. Her signature message, "The Woman Who Finishes," calls women to move beyond perfectionism and fear and complete the work placed on their hearts.

BUILD



Adrienne "Miss A" Acquaye

Panelist • BUILD

Owner, FASTSIGNS Newark & My Lovely Lunatic Leo Life

Adrienne is an award-winning motivational speaker, entrepreneur, media personality, storyteller, and filmmaker. With more than 20 years in media, public speaking, and event hosting, she inspires audiences to overcome adversity and pursue their purpose. Through FASTSIGNS Newark, her podcast, and her speaking, she draws on resilience, healing, and reinvention to encourage women to live boldly and authentically.



Nakiesha Blue

Panelist • BUILD

Founder & Executive Director, The YANA Foundation

After losing her son, Loren Q. Porter, to suicide, Nakiesha created The You Are Not Alone Foundation to support people and families affected by suicide. Through outreach, education, advocacy, and speaking, she works to reduce stigma and ensure no one navigates mental health challenges or suicide loss alone. Her compassionate storytelling opens conversations about grief, resilience, healing, and community.

BEYOND THE ROOM

Confidence. Presence. Connection.



Nichole Fields

Featured Presenter & Brand Ambassador

Founder & CEO, I&I Etiquette and Professional Services

Nichole is a Certified Etiquette Consultant with more than 17 years of experience helping people strengthen their confidence, communication, leadership, and professional presence. Through workshops and coaching, she serves children, teens, students, and adults, helping them show up authentically and build meaningful relationships. She is the author of the SHINE Etiquette Workbook, the Shine Bright Story Time series, and the Level Up Your Glow Journal, and Co-Founder of The Giving Bookshelf. Nichole holds degrees in Biological Science and Public Administration and a certification in International and Corporate Ethics and Compliance.

INTERACTIVE LABS



ANCHORED THROUGH THE STORM: How to Lead, Rebuild, and Thrive When Life Doesn't Go According to Plan!

Jacquelyn S. Warren Gilbert, MAS

Breakout Lab Facilitator

Founder & CEO, JW Warren LLC

Jacquelyn is an HR executive, educator, author, and leadership strategist with nearly two decades of experience. She founded JW Warren LLC in 2013 and teaches Human Resource Management at Kean University. Her honors include the President's Lifetime Achievement Award and recognition as a 2026 Business Elite 40 Under 40 honoree.



BOOKED, BUSY & STILL GUESSING? The Business Reality Check

Jamilla Phillip

Breakout Lab Facilitator

Founder & CEO, The Business Gym

Jamilla helps entrepreneurs turn attention into income through sales systems, automation, and community. After building two seven-figure businesses and working in corporate sales and growth, she helps owners replace scattered follow-up and manual processes with practical systems that support booked clients and repeat business. Her work combines digital tools, strategy, and in-person experiences that make business growth practical and engaging.

THE GIRL TALK



Tamekia Flowers-Ball

Panelist • The Girl Talk

Founder & CEO, Epiphany Blue and Beats & Flow

Tamekia brings more than 30 years of experience in events, brand strategy, and leadership development. She founded Epiphany Blue in 2006, creating immersive experiences for organizations including Peloton, American Water, and NYC Public Schools. Through Beats & Flow, she offers wellbeing classes, workshops, and talks that support personal growth. Her work centers on connection, purpose, and transformation.



Diane Bellamy, MS

Panelist • The Girl Talk

Entrepreneur, Counselor & Transformative Coach

Diane is the Founder and CEO of In His Image Hair Studio and Co-Founder and Executive Director of Beauty to the Block Inc. A licensed cosmetologist with more than 16 years of experience, she also mentors entrepreneurs and supports women's growth as a Board-Certified Christian Counselor, Trauma Healing Facilitator, and coach. She holds degrees in Business and Psychology and co-leads Transformation Church with her husband.

ACT ON IT! THE SHIFT

What will you do differently?

3:50–4:20 PM • Reflection & action planning



Nancy Ynchaustegui

Facilitator • Act On It! Reclaiming Joy: An Act of Resistance

Founder, Mind Body Movement

Nancy is an educator, speaker, and movement facilitator with more than 25 years of experience helping people build confidence, connection, and community. A middle school science teacher and 2019 Governor's Educator of the Year recipient, she combines evidence-based teaching with principles of partner dance. Her workshops help individuals and organizations strengthen communication, build relationships, foster inclusion, and lead authentically—one conversation and one step at a time.

MY DISRUPTION PLAN

Turn today's reflections into a decision and a next step.

Take a moment to reflect on what you're ready to do differently. Use the prompts below to identify what needs to change, why it matters, and one action you can take within the next seven days. Name the support or resource that will help you follow through.

What have I grown comfortable accepting that I am ready to challenge?

What do I want to change, and why does it matter to me?

What is one action I can take within the next seven days?

What support or resource do I need?

THE NEXT 30 DAYS

SAY IT→DATE IT→DO IT→REPORT BACK

Choose one goal you will work toward over the next 30 days. Be specific, schedule your first step, and identify someone you will update on your progress. Use the prompts below to turn your intention into a plan.

SAY IT — My specific goal

DATE IT — My deadline and first scheduled step

DO IT — The actions I will take

REPORT BACK — Who will I update and when?

DISRUPT THE ROOM!

Your 30–45 second introduction

Your next opportunity could start in this room. In 30–45 seconds, share who you are, what you do, what you need, and how to reach you. Be specific—your ask helps others connect, refer, or support you.

Your voice belongs in this room.

01 SAY WHO YOU ARE

My name is [name], and I am [title or role] at [business or organization].

02 SHARE YOUR VALUE

I help [who you serve] with [the need you address].

03 MAKE A SPECIFIC ASK

Today, I'm looking to connect with [person, resource, or opportunity].

04 MAKE IT EASY TO CONNECT

You can reach me at [one contact method].

Listen for someone you can support, refer, or connect with after lunch.

CONNECTION IS THE STRATEGY

Community is the catalyst.
Use the directory to find your three connections. Share an offer, make an ask, and agree on a next step.

01 OFFER SUPPORT
Find someone whose work, experience, or interests connect with yours.

02 ASK FOR SUPPORT
Ask what they are working toward. Share one specific thing you need and one thing you can offer.

03 AGREE ON A NEXT STEP
Choose how you will follow up and put a date on it.

MAKE THE CONNECTION. PLAN THE FOLLOW-UP.
NAME NEXT STEP FOLLOW-UP DATE

Who will I follow up with—and by when?

FIND YOUR PEOPLE

Micah Barber-Smith

Owner/CEO • NannyTainment Event Childcare • East Windsor, CT
events@nannytainment.com | admin@wisenetworkct.org •
www.nannytainment.com • www.wisenetworkct.org

ATTENDEE

WHAT I DO: On-site childcare for weddings, conferences, and community events; community leadership through WISE Network.

I CAN OFFER: Event childcare, event coordination experience, referrals, and opportunities to volunteer or collaborate.

I'M LOOKING FOR: Childcare clients and referral partners; sponsors, funding, and community partnerships for WISE programs.

CONNECT WITH ME IF: You need event childcare or want to support opportunities for women and families.

Lori-Ann Boyd

Founder • RiDesign, LLC • Union, NJ • ridesign412@gmail.com

ATTENDEE

WHAT I DO: Higher education, executive administration, workforce development, public administration, and organizational operations.

I CAN OFFER: Strategic planning, leadership expertise, mentoring, resources, and meaningful professional introductions.

I'M LOOKING FOR: Connections and partnerships involving leadership, HR, organizational development, consulting, and professional growth.

CONNECT WITH ME IF: You value intentional collaboration and opportunities that benefit people and communities.

FIND YOUR PEOPLE

Cynthia Chambers

Founder & Certified Transformational Mindset Coach • Transform With Cynthia™ • Vauxhall, NJ • Cynthia@TransformWithCynthia.com • Website: TransformWithCynthia.com • LinkedIn: linkedin.com/in/cynthia-chambers-twc

ATTENDEE

WHAT I DO: Faith-centered mindset coaching for women; confidence and leadership development for girls ages 10–18.

I CAN OFFER: A free discovery call, coaching, workshops, speaking, and 35+ years of leadership experience.

I'M LOOKING FOR: Women ready for their next chapter; speaking, workshop, church, and organizational collaborations.

CONNECT WITH ME IF: You want to turn today's inspiration into lasting change.

Shannon Charles

Owner and Clinical Director • S.C Healing Haven • Millburn, NJ • Schealinghaven@gmail.com • SCHealingHaven.com

ATTENDEE

WHAT I DO: Clinical mental wellness services for individuals, families, and groups, including support for preteens, teens, and parents.

I CAN OFFER: Referrals, contract employment, and graduate and undergraduate internship opportunities.

I'M LOOKING FOR: Automation and marketing support, plus collaborations with mental health-adjacent businesses.

CONNECT WITH ME IF: You want to collaborate on expanding support from individual services to group experiences.

FIND YOUR PEOPLE

Nïque'la Durham - Adams

CEO and FOUNDER • ALL THINGS ADVOCACY • WOODBRIDGE,NJ • info@mypatientsfirst.org • www.mypatientsfirst.org

ATTENDEE

WHAT I DO: Healthcare consulting and advocacy focused on reducing nurse turnover.

I CAN OFFER: Department assessments and strategies to improve staff retention.

I'M LOOKING FOR: Opportunities to expand advocacy work, including a focus on microaggressions.

CONNECT WITH ME IF: You want to examine how leadership practices affect retention and turnover.

Tamekia Flowers-Ball

Founder and CEO • Epiphany Blue and Beats and Flow • Montclair, NJ • ceo@epiphanyblue.com • linkedin.com/in/tamekiaflowers/

PRESENTER / SPEAKER

WHAT I DO: Strategic event planning, experiential programming, speaking, and wellbeing experiences through Epiphany Blue and Beats and Flow.

I CAN OFFER: More than 20 years of entrepreneurial experience, business insights, introductions, and event expertise.

I'M LOOKING FOR: Strategic partnerships and new business opportunities with women and organizations that value impactful experiences.

CONNECT WITH ME IF: You want to collaborate, exchange ideas, or support personal and professional growth.

FIND YOUR PEOPLE

Jacquelyn Gilbert, MAS

Founder & CEO • JW Warren LLC • Union ,NJ • Jgilbert@JW-WarrenLLC.com • www.JW-WarrenLLC.com | Instagram @JW_WarrenLLC

PRESENTER / SPEAKER

WHAT I DO: HR leadership, consulting, teaching, writing, and speaking through JW Warren LLC and Kean University.

I CAN OFFER: Strategic guidance, leadership development, and resources for professional and business growth.

I'M LOOKING FOR: Individual and business clients, partnerships, collaborations, and grant or funding opportunities.

CONNECT WITH ME IF: You want to advance your career, strengthen a business, develop leaders, or explore partnerships.

Zaira Gonzalez

Founder ,Educator, & Social Worker • Minding the Mess • Roselle Park, NJ • contact@mindingthemess.com •
https://www.instagram.com/mindingthemess/ •
https://www.linkedin.com/in/zaira-gonzalez-650574344/

MODERATOR • THE WHOLE WOMAN

WHAT I DO: Mental health and intentional living through organizing, workshops, training, and community initiatives.

I CAN OFFER: Social work expertise, practical wellbeing resources, speaking, referrals, and community connections.

I'M LOOKING FOR: Partnerships and collaborations that bring wellbeing into homes, workplaces, and communities.

CONNECT WITH ME IF: You care about mental health, intentional living, and community impact.

FIND YOUR PEOPLE

Danielle Hadnott

Founder & Brand Visibility Strategist • Noir Photography Studios • Teaneck, NJ • noirphotographystudios@gmail.com • Website: www.noirphotographystudios.com Instagram: @Dannihphoto

PARTNER, MEDIA, GIRL TALK MEETUP™ TEAM

WHAT I DO: Photography, personal branding, video, storytelling, and content production through Noir Photography Studios.

I CAN OFFER: Creative production, consulting, training, visibility resources, and nonprofit and small-business connections.

I'M LOOKING FOR: Clients, collaborations, and consulting or training opportunities with professionals, entrepreneurs, and organizations.

CONNECT WITH ME IF: You are launching, growing, or ready to communicate your value more clearly.

Shakeema Hughes

Founder/Coach • She Evolve LLC- Student Loan Forgiveness and Financial Self Care • Boutique • Jersey City, NJ • studentloan@sheevolveessentials.com • SheEvolveOfficial.com - Instagram @IAmShakeema

ATTENDEE

WHAT I DO: Student loan forgiveness support that makes room for financial self-care and wealth-building.

I CAN OFFER: Help with student loan forgiveness, college readiness, and financial self-care.

I'M LOOKING FOR: Opportunities to raise awareness of these resources and services.

CONNECT WITH ME IF: You need support with student loan forgiveness or college readiness.

FIND YOUR PEOPLE

Angelica Jean-Bart

Founder/Transformational Coach • Time 2 Thrive Power House, LLC • Cliffwood Beach, NJ • Angie@time2thrivecoach.com • LinkedIn.com/in/AngieJean-Bart • Instagram: @Angie_Jean_Bart.4

PRESENTER / SPEAKER

WHAT I DO: Transformational coaching and financial guidance focused on personal growth, leadership, and purpose.

I CAN OFFER: Coaching, mentorship, financial education, professional resources, and career and business connections.

I'M LOOKING FOR: Purpose-driven clients, entrepreneurs, partnerships, and opportunities to expand coaching and financial services.

CONNECT WITH ME IF: You want to challenge limitations and turn your goals into meaningful action.

Andrea Johnson

Founder/Entrepreneur • Altering Perspectives, LLC • Jackson, NJ • andreaj@alteringperspectives.com • www.alteringperspectives.com, IG: • alteringperspectives_llc

ATTENDEE

WHAT I DO: Grief recovery and transformational coaching through Altering Perspectives, LLC.

I CAN OFFER: One-on-one support, coaching, and workshops on emotional wellness, transitions, setbacks, and confidence.

I'M LOOKING FOR: Speaking, workshops, partnerships, and relationships that help grow the practice.

CONNECT WITH ME IF: You need support through loss or change, or want emotional wellness resources for your community.

FIND YOUR PEOPLE

Jenny King

Brand Photographer • Jenny King Photography • Kearny, NJ • info@JennyKing.net • Instagram: JennyKing_Photography • Website: www.JennyKing.net

ATTENDEE

WHAT I DO: Intentional brand photography for established women of color who create, lead, and build businesses.

I CAN OFFER: Headshots, brand and product photography, friendship, support, and relevant referrals.

I'M LOOKING FOR: Long-term relationships with women who value photography and want to grow their businesses.

CONNECT WITH ME IF: You want a lasting connection and intentional imagery for your brand.

Roseanna Kyle

Founder • Roseanna Homes & Décor • Kearny, NJ •
IG- @roseanna_kyle828 / website • roseannakyle.weebly.com

ATTENDEE

WHAT I DO: Home staging for sellers and realtors, plus organizing for families and companies.

I CAN OFFER: Organizing and staging services, referrals, connections, and collaboration.

I'M LOOKING FOR: Business growth and opportunities to help families with special needs stay organized.

CONNECT WITH ME IF: You want to organize, prepare a home for sale, or explore a collaboration.

FIND YOUR PEOPLE

Natasia Martin

Project Manager / Consultant • Princeton, NJ • authenticallyimperfectco@gmail.com • LinkedIn: www.linkedin.com/in/natasiamartin

ATTENDEE

WHAT I DO: Project management and consulting that turn business initiatives and creative ideas into actionable plans.

I CAN OFFER: Strategic planning, implementation expertise, creative problem-solving, resources, and professional connections.

I'M LOOKING FOR: Community, accountability, professional relationships, and career opportunities aligned with flexibility and growth.

CONNECT WITH ME IF: You have an idea and need help planning the next steps.

Arlene Martinez

Founder • Martinez Signing Group LLC • Bloomfield, NJ • info@martinezsigninggroup.com • www.martinezsigninggroup.com • IG- martinez_signing

ATTENDEE

WHAT I DO: Mobile notary services, authorship, entrepreneurship, and community leadership.

I CAN OFFER: Notary services, referrals, business connections, and insights on resilience and growth.

I'M LOOKING FOR: Business growth, author-brand development, and opportunities to connect and inspire.

CONNECT WITH ME IF: You value collaboration, community involvement, and mutual support.

FIND YOUR PEOPLE

LaQuita McNickles

Founder, Coach and Therapist • Elevate By Belief, LLC • Somerset, NJ • laquita@elevatebybelief.com • Instagram: @elevatebybelief; Website • https://elevatebybelief.com/

ATTENDEE

WHAT I DO: Life coaching and therapy-informed support for growth after breakups, divorce, or feeling stuck.

I CAN OFFER: Peer mentorship, coaching, workplace presentations, and more than 15 years of mental health experience.

I'M LOOKING FOR: Relationships and business growth, including books and products on recovery, mindset, and resilience.

CONNECT WITH ME IF: You want to exchange business ideas, connect with a fellow entrepreneur, or explore paid support.

Kristina Portella

Email Marketing Strategist & Copywriter • Email Momentum Co • Union City, NJ • hello@emailmomentum.co •
https://www.instagram.com/emailmomentumco, •
https://emailmomentum.co/

ATTENDEE

WHAT I DO: Email marketing strategy, messaging, copywriting, and implementation support for women business owners.

I CAN OFFER: Email marketing resources and support, plus introductions within a professional network.

I'M LOOKING FOR: Genuine relationships and connections with other women.

CONNECT WITH ME IF: You enjoy thoughtful conversations, mutual encouragement, and helping women grow.

FIND YOUR PEOPLE

Krystal Reddick-Pollard

Founder & Self-Care Coach • Total Life Care Coaching • Elizabeth, NJ • Hello@totallifecarecoaching.com • Instagram: @totallifecarecoaching and Website: • totallifecarecoaching.com

ATTENDEE

WHAT I DO: Self-care workshops and resources for heart-centered professionals.

I CAN OFFER: Self-care resources and wellbeing support.

I'M LOOKING FOR: Groups, organizations, and companies that could benefit from wellness workshops.

CONNECT WITH ME IF: You prioritize self-care and mental health.

Kimberly Sumpter

Founder • SistahsConnect • Jersey City,NJ • kimberly@podcasttoinspire.com • Website: https://www.sistahsconnect.com • https://www.linkedin.com/in/kimberlysumpter/

PARTNER

WHAT I DO: Broadcasting, podcast strategy, and media platforms that amplify women's voices.

I CAN OFFER: Podcast coaching, training, storytelling, sponsorships, media collaborations, and digital radio access.

I'M LOOKING FOR: Strategic partnerships, sponsorships, educational collaborations, and government contracting opportunities.

CONNECT WITH ME IF: You want to amplify your message, reach an audience, or explore media partnerships.

FIND YOUR PEOPLE

Shaneem NEEMI Taylor

Founder/Director/Lead Instructor • Arista Yoga &Holistic Wellness Group • Rahway NJ •
info@aristayoga.com • @aristayoga_wellness • LinkedIn.com/in/shaneem-neemi-taylor

ATTENDEE

WHAT I DO: Therapeutic yoga, mindfulness, and restorative wellness for professionals, caregivers, and communities.

I CAN OFFER: Customized wellness programs, stress-management expertise, resources, and community connections.

I'M LOOKING FOR: Organizations and partners interested in stress reduction, resilience, and burnout prevention.

CONNECT WITH ME IF: You want practical wellness experiences for a workplace or community.



Your next collaboration may begin with one conversation.

OUR CONTRIBUTORS

Media, resources, and connections beyond the conference



Kimberly Sumpter

Media Partner

Founder, Sistahs Connect Radio™ & Podcast to Inspire®

Kimberly is a media professional, podcast coach, educator, and founder with more than 20 years of radio experience. She helps women use their voices, share their stories, and create impact through podcasting. In the nonprofit sector, she develops programs, events, coaching, and business-growth resources that help entrepreneurs strengthen their businesses.



Steve Maiorano

Community Contributor

Director, WCEC Women's Business Center

Steve has directed the WCEC Women's Business Center for 13 years. He helps entrepreneurs understand the importance of business plans and financial projections and enjoys learning about new businesses, emerging industries, and specialized markets. His work is informed by the creativity and innovation of the clients WCEC serves.

VISIBILITY WITH PURPOSE

Co-founded by Danielle Hadnott and Chad Houston, the studio offers photography, personal branding, video, and content production, along with creative consulting, training, and support for nonprofit and community initiatives.



VISIBILITY WITH PURPOSE

Official Content & Storytelling Partner

Noir Photography Studios helps entrepreneurs, professionals, brands, and organizations build confidence, strengthen their visibility, and bring their stories to life.



OUR COMMUNITY
IN BUSINESS



DISCOVER.

CONNECT. SUPPORT.



OUR COMMUNITY
IN BUSINESS



OUR COMMUNITY IN BUSINESS







DISCOVER.

CONNECT. SUPPORT.

TRANSFORM WITH
Cynthia
SURRENDER • RENEW • TRANSFORM

Disrupting normal doesn't end today.
Let's keep going.

You were created for more than simply getting through. It's time to move forward with faith, clarity, and purpose.



Cynthia Chambers
CERTIFIED TRANSFORMATIONAL MINDSET COACH
Author · Speaker · Ministry Leader
31+ years in ministry
35+ years in corporate leadership

The Inner Shift Journey™
Faith-centered coaching for women ready to grow from the inside out.

- Spiritual Renewal
  Strengthen your faith. Renew your perspective.
- Mindset Transformation
  Move beyond limiting beliefs.
- Intentional Action
  Lead, live, and serve with purpose.

GROUP • GROUP + VIP • PRIVATE 1-ON-1
Available virtually

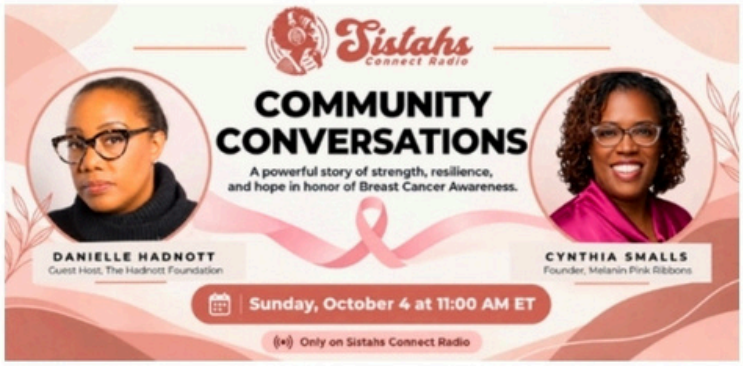
Ready for your inner shift?
Scan to schedule a free discovery call and explore what's next for you.
www.TransformWithCynthia.com
Cynthia@TransformWithCynthia.com · 732-742-3575
@transformwithcynthia on social media

Transforming women today. Equipping girls for tomorrow.
COACHING · SPEAKING & WORKSHOPS · GIRLS IN BLOOM™

DISCOVER.

CONNECT. SUPPORT.

BREAST CANCER AWARENESS IS A YEAR-ROUND CONVERSATION.



Advancing awareness. Strengthening communities. Encouraging advocacy.

GET INVOLVED. STAY CONNECTED. MAKE A DIFFERENCE.

THE HADNOTT FOUNDATION INC.

www.hadnottfoundation.org

Proud to support Girl Talk Meetup and its commitment to Disrupting the Normal through conversations that empower women.

DISCOVER.

CONNECT. SUPPORT.



BEHIND THE EXPERIENCE

With gratitude to the people who made the day possible.

FOUNDER & CONFERENCE HOST

Erica Bell • Girl Talk Meetup™

EVENT & TECHNICAL SUPPORT

Stanley Bridgeforth

VOLUNTEER & EVENT SUPPORT

Jaylen Wright • Khaliah Simpkins • Kayla Foster • Deborah Alvarado

EVENT DECOR

Katria Stewart

HOSPITALITY

Café Na'Scent • Catering | Edo's Cakes • Dessert



THANK YOU



To every attendee, presenter, moderator, partner, sponsor, vendor, volunteer, and supporter: thank you.
Your time, expertise, and care make this community possible.

Continue the conversations.
Follow up. Work the plan.

JOIN THE GIRL TRIBE
girl-tribe-network.mn.co
Instagram:
@girltalkmeetup